

## **HOW DO I ACCESS 2-1-1?**

Access to 2-1-1 is at your fingertips. There are three ways you can get connected:

**PHONE** – Through our partnership with The Center for Women and Families, dialing 2-1-1 connects you to a trained call specialist who will listen to your situation and locate the providers that will best meet your need.

**ONLINE** – 2-1-1 includes an online search capability from your computer or smartphone. Visit metrounitedway.org/211 to search the database. You may enter a zip code to get listings closest to you or begin with a category or keyword search and drill down to a list of providers.

**TEXT** – Expanded services now allow information and resources to be sent to your phone via text from a trained specialist simply by texting your zip code to 898211.

## ONE SIMPLE NUMBER CONNECTS YOU WITH THE HELP YOU NEED, WHEN YOU NEED IT.

Quality care for your child while you work • Emergency food, clothing, or shelter for yourself or someone you know • Support during times of crisis • Someone to help with an aging parent • Job training services • Substance abuse counseling • Assistance with rent or utility payments • Prenatal and perinatal services • Support for seniors or people with disabilities • A way to just make ends meet