

Upcoming Events Offer Something for Everyone



By Laurel Mallory, Metro United Way

Sipping bourbon, sitting on the porch with friends, watching your children ride their bikes around the neighborhood – these are all favorite fall activities, and now Metro United Way has a way for you to enjoy these simple pleasures while also giving back to your community.



Author *Alejandra Campoverdi*

The nonprofit has an exciting slate of upcoming events where you can relax, give back, and dive deeper into your community.

For those who love to chat, first up is Beyond Buzzwords with author Alejandra Campoverdi, a first-generation immigrant who will discuss topics of race, class, and migration in an intimate setting where you can ask questions. Her talk will be online Tuesday, October 8 from noon to 1 p.m. It's free to attend and you can register online at metrounitedway.org/beyond-buzzwords.

If rare bourbon and chef-prepared treats are more your style – save the date for Metro United Way's inaugural United Spirits Bourbon Fall Festival. It's Thursday, October 24 from 6 to 9 p.m. at one of Louisville's most exciting new venues, Progress Park.

United Spirits will feature local distilleries, samples and tastings of rare spirits, a live and silent auction, culinary experiences including a smore's bar, live music, and more! Angel's Envy, Michter's, Bulleit, Heaven's Door, Maker's Mark, Brown-Forman, and Heaven Hill are just some of the distilleries offering tastings at the event. Tickets are on sale now at metrounitedway.org/united-spirits, including a VIP experience that promises more rare bourbon tastings, a curated swag bag, valet parking, and more.



Maybe being outdoors with your kiddos brings you joy. If you're looking for ways to give back and involve your children, Bikes or Bust is for you.

Bikes or Bust is an annual bicycle and helmet drive run by Metro United Way and local labor unions to benefit children of all ages in our region. Bikes are a symbol of freedom and embracing childhood – and we believe all kids deserve that feeling. Last year we donated about 1,000 brand new bicycles to children through this event, thanks to incredible community participation. It's always heartwarming to see children realize the joy of giving back through events like Bikes or Bust.

To donate, go to Local 862 Union Hall at 3000 Fern Valley Road from November 21 through 25. Along with the Greater Louisville Central Labor Council, Bikes or Bust partners include Toys for Tots and Q103.1.

For more information on these events, follow Metro United Way on Facebook, X, Instagram, LinkedIn, and YouTube. It's a great way to stay up-to-date on the nonprofit's community impact and discover other ways to get involved.



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